

Banana pancakes



Difficulty: ○○○○○

Preparation time: 5minutes , Cooking time: 5minutes

Total time: 10minutes , Serving number: 2

0 Calories , 0 g Sugars , 0 g Fats , 0 g Proteins

Author: sefredaktor

Url: <https://www.srecipes.eu/banana-pancakes>

Preparation

Cut the banana into small cubes and add one egg. Blend everything together and let fry. Let melt in a pan the oil and fry each side for 1-2 minutes.

▫ Tip for the Recipe

Instead of conventional oils, use coconut oil, which is more fragrant than classical. If you dough will seem too thin, add oatmeal from the eye and then fry. The finished pancakes, add plain yogurt and fresh fruit - great breakfast!



Ingredients

- 1 piece banana
- 1 piece egg
- 1 coffee spoon Sunflower oil

Categories